



# East Shore Leadership Academy

## February 2023 k-8 Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Pizza Romaine Lettuce Orange Milk	BBQ Meatballs Mashed Potatoes Whole Wheat Roll Apple Milk	Baked Macaroni and Cheese Mixed Vegetables Banana Milk
6	7	8	9	10
All Beef Hot Dog on a Whole Wheat Bun Baked Beans Fruit Cup Milk	Walking Taco Carrots 100% Fruit Juice Milk	Pizza Romaine Lettuce Orange Milk	Chicken Nuggets Peas and Carrots Banana Milk	Baked Chicken Whole Wheat Roll Oven Brown Potatoes Apple, Milk
13	14	15	16	17
All Beef Hamburger on a Whole Wheat Bun, Baked Beans Fruit Cup Milk	Beef and Cheese Taco Refried Beans 100% Fruit Juice Milk	Pizza Romaine Lettuce Orange Milk	Beef and Bean Chili Whole Wheat Crackers Carrots, Apple, Milk	Mid Winter Break
20	21	22	23	24
Mid Winter Break	Professional Development Day No School	Pizza Romaine Lettuce Orange Milk	Chicken Tenders Potato Wedges Apple Milk	Chicken Penne Alfredo Whole Wheat Roll Mixed Vegetables Banana, Milk
27	28			
Chicken Patty on a Whole Wheat Bun Baked Beans Fruit Cup Milk	Walking Taco Carrots 100% Fruit Juice Milk			

Please Note:  
Due to nationwide disruptions in the food and supply chain and based upon manufacturer and distributor product availability, this menu is likely to change with minimal notice.

This institution is an equal opportunity provider.

All lunches include Meat or Meat Alternate, Fruits and Vegetables, Bread or Bread Equivalent, and Milk.

Milk offered: Fat Free Chocolate or Low Fat White

### FEBRUARY NOTABLES

-BLACK HISTORY MONTH  
-National Cherry Month

-Super Bowl   
-Valentine's Day 

**Fun Fact** Michigan produces more than 50% of the nations tart cherries!  
(used for cooking)  



# East Shore Leadership Academy February 2023 k-8 Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Snack'n Loaf Fruit Cup 100% Fruit Juice Milk	Bagel with Cream Cheese, Craisins 100% Fruit Juice Milk	Banana Chocolate Chunk Benefit Bar Apple Milk
6	7	8	9	10
Assorted Fruit Muffin Applesauce 100% Fruit Juice Milk	Cereal Cheese Stick Apple Milk	Yogurt, Elf Graham Fruit Cup 100% Fruit Juice Milk	Bagel with Cream Cheese, Craisins 100% Fruit Juice Milk	Ultimate Breakfast Round Apple Milk
13	14	15	16	17
Assorted Fruit Muffin Applesauce 100% Fruit Juice Milk	Cereal Elf Graham Apple Milk	Snack'n Loaf Fruit Cup 100% Fruit Juice Milk	Bagel with Cream Cheese, Craisins 100% Fruit Juice Milk	Mid Winter Break
20	21	22	23	24
Mid Winter Break	Professional Development Day No School	Yogurt, Elf Graham Fruit Cup 100% Fruit Juice Milk	Bagel with Cream Cheese, Craisins 100% Fruit Juice Milk	Ultimate Breakfast Round Apple Milk
27	28			
Assorted Fruit Muffin Applesauce 100% Fruit Juice Milk	Cereal Cheese Stick Apple Milk			

All breakfasts include Fruits and/or Vegetables, Bread or Bread Equivalent, and Milk.

Milk offered: Fat Free Chocolate or Low Fat White

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